

SELF-AWARENESS ASSESSMENT

YES NO

I can be a micromanager.

My communication style is very direct and can be perceived as rude or aggressive.

I can be rigid in my thinking.

I can be reluctant to innovate and change the status quo.

I can be impatient.

I can be judgemental.

I do not deal with conflict well and often let it simmer.

I often give constructive feedback.

I can talk too much rather than focus on listening.

I can be very results-driven at the risk of ignoring the needs of the people around me.

I can be indecisive or a slow decision-maker.

I can be rigid in my thinking.

I can be a micromanager.

I can be overwhelmed by my workload and do not have a plan in place to help me take control of my priorities.

I do not take time to set goals and think strategically.